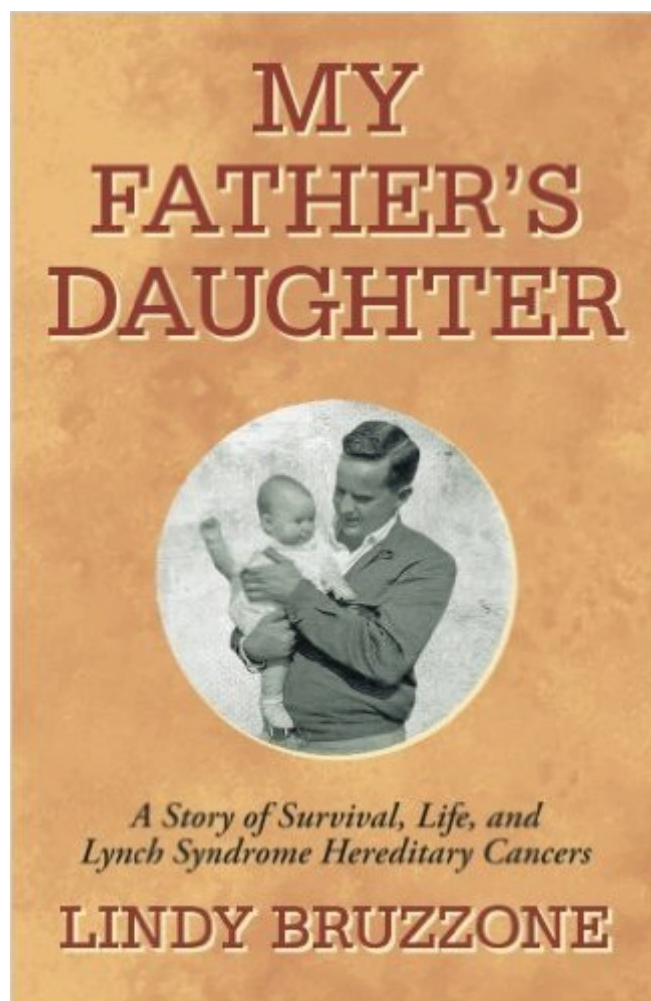


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# My Father's Daughter: A Story Of Survival, Life, And Lynch Syndrome Hereditary Cancers



## Synopsis

As a child, Lindy Bruzzone knew how she would die. It would be like everyone else in her family who had passed away from cancer—her father, his father, and his mother. For them, it was how life ended. In *My Father's Daughter*, Bruzzone tells the story of a family confronting challenges beginning in the early 1600s when they crossed the ocean seeking freedom. They migrated westward and settled in Los Angeles County in the 1890s. It was there members of her grandfather's family died, one by one, of cancer. She offers childhood memories of growing up within the security of small town, Carson City, Nevada, where her parents live humbly and teach their children to care for themselves in the event cancer strikes again. She challenges mortality—first as a teen, then as a single mother working within California prison yards of Soledad and later at San Quentin, and supervising the most violent parolees on California's mean streets of Oakland and Richmond. She works as an investigative consultant while she waits her turn for cancer to strike. *My Father's Daughter* discusses the day she was finally diagnosed with late staged cancer. Instead of the ending of a life, a new beginning occurs. Bruzzone undertakes a genetic journey working with her medical team to understand and live with the hereditary cancer condition of Lynch syndrome. A roadmap for survival, this memoir inspires strength and gratitude in seeing how Bruzzone learns how to live as her father's daughter.

## Book Information

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## Customer Reviews

A moving story from beginning to end. Learning how to survive as a teen from family separation

made the writer a stronger person for what she was to face as an adult, "cancer." Her research with many doctors to identify the gene that her and her siblings had was finally identified as Lynch Syndrome. So many people have been helped by her persistence to get correct diagnosis are alive today. A must read with a happy ending..

I have read this book two times already! And plan to read it again! It is a gripping saga of a rollercoaster life, well lived.. Lindy gives a very detailed account of her family's experience with cancers, finally diagnosed after 3 generations as Lynch Syndrome. Lindy faced tremendous challenges both physically and personally, but was/is strong enough and determined enough to make things better for herself and others. She was a founder of Lynch Syndrome International which has made great strides bringing this to the forefront of medical attention. Her tireless work of several years has helped so many others seeking answers to how to manage this condition. Lindy's inspiring story is one of overcoming tremendous obstacles, hope and life! I highly recommend this book !

I learned a lot about cancer along family genetics. I never knew cancer diagnoses were so old, for one thing. It predates 1800s. The genetic link discovered here is fascinating. I also think very one needs to be more active in helping tie the genetics together so the doctor doesn't brush the concern aside. The cancer saga of the author's family is incredible. She has survived and turned her crisis into a major foundation to educate other patients and doctors. I think it was too lengthy of a story on her career turns and twists, as well as her marriage failings. Much about her late teens and early twenties was a bit needless to the emphasis on the health aspect. Suffering from an incurable disease, I do recognize the frustrations she has experienced. I was wondering when the book would begin to hit the target as health education, vs. so much career history and meandering. It is worth the read, but I afraid I couldn't get to the purpose. Even though there is a lot of medical technology to wade through, it becomes a must faster read midway through the book.

My Father's Daughter by Lindy Bruzzone was surprisingly an easy read. I felt many emotions reading the book. I felt sad, happy, angry, inspired, hopeful, and envious of the life Lindy had. Her dedication to whatever challenges she faced is remarkable from dealing with family rejections, working in male-dominant workforce, facing cancer to finally understanding and helping the awareness of Lynch Syndrome that has unfortunately plagued her and her family of many generations. It's a pretty inspiring book. This would be an excellent book to read in book

clubs.

A beautifully written and intriguing story by the Founder and former CEO of Lynch Syndrome International. Taking the challenges that life continues to throw at her and facing them head on, Lindy takes responsibility, changes what she can and adapts to what she cannot change. Most importantly Lindy has done what she can to protect herself and her family from hereditary cancers caused by Lynch syndrome and has given the world a kick-start on creating Lynch syndrome awareness. Knowledge is power!

This was just given to me by Lindy Bruzzone to read. A powerful story of a woman's quest for survival during her life, her career and her battle with her hereditary cancer condition. Compelling is what families have to go through and live through and the lack of diagnosis by the medical profession. A touching story of sitting by her father's bedside just days before he passed away is told and her strength to overcome fear of cancer and to help herself and others to survive this hereditary cancer condition. It is a nonstop read with mixed emotions, sadness joy, struggles and humor. You won't want to put this book down.

As an adult child that lost her 61 yr old mother to Lynch Syndrome, I wish my entire family could've read this book when we first started on our journey to finding out why 4 generations in our family weren't just coincidentally getting kidney, reproductive, & colon cancers. It took a smart & knowledgeable doctor, that just happened to study under Dr. Lynch, seeing my cousin who had gotten stage 2 colon cancer at the younger than average age of 27, to finally give a name & reason behind it all. I so deeply related to all of the emotions Lindy so beautifully conveyed in this very addictive book. It's done in such an easily readable style that you won't want to put it down until you're finished. I encourage everyone facing an inheritable illness to read this book, especially if you have noticed there's a cancer that seems to run in your family across generations, even if you don't have a name for it yet. I so deeply appreciate everything Lindy Bruzzone has done to bring Lynch Syndrome to the forefront of inheritable cancers & would like to thank her for writing this. I'm planning on passing down the hard copy I purchased, & I hope other families facing Lynch Syndrome, or any other inheritable cancers, buys one to pass down in their family, too. The lessons learned from it are invaluable!

My wife died of cancer 6 years ago....watching her wither away was an absolute night mare. The

author of this wonderfully written and very informative book has faced and survived so much more. This book will take you down to a seemingly bottomless hole to nothing less than heroic heights. Lindy worked endlessly searching for answers to her families illness and with the help of doctors they found some answers and the Lynch Syndrome International was founded by then CEO Lindy Bruzzone...take her journey now...you will not be disappointed. It was truly an honor to help with the cover of this inspirational book. I read it in one sitting...to hard to put down.

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